



## **ANTI-BULLYING POLICY**

LUNAR Gymnastics take all signs or allegations of possible bullying seriously. Disruptive, threatening or inappropriate behaviour of any kind, including bullying, is unacceptable and will not be tolerated.

### **Bullying can be:**

- Emotional - being unfriendly, excluding, or tormenting (e.g. hiding belongings, threatening gestures)
- Physical - pushing, kicking, hitting, punching, or any use of violence
- Racist - racial taunts, graffiti, gestures
- Sexual - unwanted physical contact or sexually abusive comments
- Homophobic - because of, or focusing on, the issue of sexuality
- Verbal - name-calling, sarcasm, spreading rumours, or teasing
- Cyber - All areas of internet, such as email & social media misuse, mobile threats by text messaging & calls or social media, misuse of associated technology, i.e. camera & video facilities

Examples of bullying within gymnastics could be:

- A gymnast who intimidates fellow gymnasts inappropriately i.e. abusive text messages or abusive or threatening messages via Facebook, Snapchat, or other social networking sites
- A coach who adopts a win-at-all costs philosophy i.e. shouting, name calling, or ignoring
- A parent who pushes too hard i.e. shouting at child
- Anyone who intimidates another member at the club

**\*PLEASE REFER TO DISCIPLINARY POLICY FOR DISCIPLINARY PROCEDURES\***