



Lunar Gymnastics Club DISCIPLINARY PROCEDURE

Gymnasts' behaviour will be monitored during each session. Older/higher level gymnasts, in particular, are expected to display a high standard of behaviour.

Verbal reinforcement may be initially used, where appropriate, to remind gymnasts of behaviour expectations. Where a gymnast does not take on this prompt, the following sanctions will apply:

First stage:

1st step: informal verbal warning

2nd step: formal verbal warning with parents present – Gymnast, parent and coach to sit down and discuss.

3rd step: formal written warning – final warning.

Certain high-level behaviours, will result in an immediate formal verbal warning with parents present i.e.:

- Throwing objects and equipment within the gym
- Blatant disobedience and / or disrespect towards the coaches or other gymnasts
- Disrupting any gymnasts training and / or work
- Inappropriate language / swearing
- Spitting at others
- Deliberately hurting another gymnast or gym user or causing an injury to a gymnast due to poor behaviour / indiscipline
- Breaching health and safety guidelines

Gymnasts may be automatically suspended or excluded, for serious misconduct, such as:

- Bullying (verbal, physical, racist, sexist etc)
- Bringing dangerous and / or inappropriate items to the club, which could cause harm to gym users
- Causing a serious breach and / or risk to the health, safety and / or well-being of themselves, other gymnasts and gym users (including coaches).
- Stealing
- Wilfully damaging property / vandalism
- Constant breach of code of conduct